

## Friends Making Friends Connections

## Resources by Category

CATEGORY	AGENCY	WEB ADDRESS	CONTACT	ADDRESS	SERVICES
ASSISTED LIVING	Chambrel	<a href="mailto:sbradley@brookdaleliving.com">sbradley@brookdaleliving.com</a>	220-1839	3800 Treyburn Drive	independent and assisted living, transportation, supportive services
ASSISTED LIVING	Dominion Village	<a href="http://www.dominionvillagewilliamsburg.com">www.dominionvillagewilliamsburg.com</a>	258-3444	4132 Longhill Road Williamsburg, VA 23188	assisted living, memory care, Outpatient rehabilitation, respite/short term stays
ASSISTED LIVING	Morningside	<a href="http://www.fivestarqualitycare.com">www.fivestarqualitycare.com</a>	221-0018	44 McLaws Circle	assisted living, memory care, Outpatient rehabilitation, respite/short term stays
ASSISTED LIVING	Patriot's Colony	<a href="http://www.patriotscolony.org">www.patriotscolony.org</a>	220-9000	6000 Patriot's Colony Dr.	independent living for veterans, rehab, assisted living and dementia care
ASSISTED LIVING	Spring Arbor	<a href="http://www.springarborliving.com">www.springarborliving.com</a>	565-3583	935 Capital Landing Rd.	assisted living and dementia care
ASSISTED LIVING	Greenfield Senior Living	<a href="http://www.greenfieldseniorliving.com">www.greenfieldseniorliving.com</a>	220-4014	251 Patriot Lane	assisted living and dementia care
ASSISTED LIVING	Windsor Meade	<a href="http://www.windsormeade.org">www.windsormeade.org</a>	941-3615	3900 Windsor Hall Dr.	independent, assisted, nursing care, rehab
ASSISTED LIVING	Williamsburg Landing	<a href="http://www.WilliamsburgLanding.com">www.WilliamsburgLanding.com</a>	565-6505	5700 Williamsburg Landing Dr.	assisted living and dementia care
IN HOME MEDICAL CARE	SHARP	<a href="http://www.paainc.org/">www.paainc.org/</a>	873-0541	312 Waller Mill Rd	assessment of home safety and case management \$100 initial fee; sliding scale
IN HOME MEDICAL CARE	Bayada	<a href="http://www.bayada.com">www.bayada.com</a>	565-5400		nursing, rehabilitative, therapeutic services, hospice
IN HOME MEDICAL CARE	Sentara Home Care Services	<a href="http://www.sentara.com/Services/HomeCare">http://www.sentara.com/Services/HomeCare</a>	757 736-0700	200 Enterprise Dr. Newport News	nursing, rehabilitative, therapeutic services, hospice
IN HOME MEDICAL CARE	Hope In Home Care	<a href="http://www.hopeinhomecare.org">www.hopeinhomecare.org</a>	220-1500	4512 John Tyler Hwy Unit G	nursing, rehabilitative, therapeutic services, live-in, companion

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IN-HOME CARE	AGAPE	<a href="http://www.agapehomecareva.com">www.agapehomecareva.com</a>	229-6115	350 McLaws Circle Suite 11	personal, household and emotional in-home care
IN-HOME CARE	Comfort Keepers	<a href="http://www.comfortkeepers.com">http://www.comfortkeepers.com</a>	229-2777	205 Bulifants Blvd. Suite B	personal, household and emotional in-home care
IN-HOME CARE	Faith in Action	<a href="http://www.wfia.org">www.wfia.org</a>	258-5890	354 McLaws Circle Ste 2	transportation, visits, light house or yard work
IN-HOME CARE	Hand 'n Heart Home Care Services	<a href="http://handnheart.org">http://handnheart.org</a>	565-0216	333 McLaws Circle ste. 2	personal care services/nonmedical
IN-HOME CARE	Riverside online resources	<a href="http://www.riversideonline.com/services/seniors">www.riversideonline.com/services/seniors</a>			variety of health and wellness services
FOOD	Meals on Wheels	<a href="http://wmbgmealsonwheels.com">http://wmbgmealsonwheels.com</a>	229-9250	227 Richmond Rd.	noon time meals delivered
FOOD	FISH	<a href="http://williamsburgfishwebly.com/">http://williamsburgfishwebly.com/</a>	220-9379	312 Waller Mill Rd	food, medical rides
FOOD	SNAP	<a href="http://www.jamescitycountyva.gov/socialservices/directions.html">http://www.jamescitycountyva.gov/socialservices/directions.html</a>	259-3100	5249 Olde Town Rd.	SNAP program food stamps
SAFETY	Housing Partnerships, Inc	<a href="mailto:awoodall@housingpartnerships.org">awoodall@housingpartnerships.org</a>	221-0225	P.O. Box 441	home repair program for low income homeowners
SAFETY	Assisted Technology Loan Fund Authority	<a href="http://www.atfla.org">www.atfla.org</a>	804-662-9000	1602 Rolling Hills Dr. Ste. 107	loans for vision, hearing, wheelchairs, stair lifts
SAFETY	Caregivers Driving Assessment Checklist	<a href="http://www.CaregiversLibrary.org">www.CaregiversLibrary.org</a>		online checklist	a guide to assess driving capabilities
SAFETY	Community Action Agency (CAA)	<a href="mailto:rdodd@wjccactionagency.org">rdodd@wjccactionagency.org</a>	229-9389	312 Waller Mill #408	weatherization help
SAFETY	Eagle Medical Transports	<a href="http://www.EMTVA.com">www.EMTVA.com</a>	273-7198	570 Industrial Park Dr.	wheel chair dependent transports

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SAFETY	Free Foundation	<a href="mailto:shr@free-foundation.org">shr@free-foundation.org</a>	771-6183	P.O. Box 66207	free rehabilitation Equipment
SAFETY	Help Guide	<a href="http://www.helpguide.org/elder/senior_citizen_driving.htm">www.helpguide.org/elder/senior_citizen_driving.htm</a>			resources to resolve health challenges;older drivers safety issues article
SAFETY	JCC Emergency Communications Center	<a href="http://www.jamescitycountyva.gov/EOC/index.html">http://www.jamescitycountyva.gov/EOC/index.html</a>	566-0112	3131 Forge Rd.	database for first responders of people with disabilities vision, hearing, bed-ridden
SAFETY	JCC Human Services	<a href="mailto:denise.kirschbaum@jamescitycountyva.gov">denise.kirschbaum@jamescitycountyva.gov</a>	259-3100	5249 Olde Town Rd.	medicaid, fraud,adult protective services
SAFETY	Riverside Life Alert	<a href="http://www.riversideonline.com/services/seniors">www.riversideonline.com/services/seniors</a>	856-7030		life alert necklace and information referrals
SAFETY	Scottish Rite Temple	<a href="http://www.newportnews.scottishrite.org">http://www.newportnews.scottishrite.org</a>	599-6617	65 Saunders Rd.	gently used mobility devices
SAFETY	Virginia Livable Home Tax Credit	<a href="http://www.dhcd.virginia.gov">www.dhcd.virginia.gov</a>	804-371-7091	600 East Main St. Ste. 300	up to \$5,000 tax credit for retrofitting home to universal standards
SAFETY	WMBG Dept of Human Services	<a href="http://www.williamsburgva.gov/index.aspx?page=35">www.williamsburgva.gov/index.aspx?page=35</a>	220-6161	401 Lafayette st.	medicaid, fraud,adult protective services
SAFETY	York County Human Services	<a href="http://www.yorkcounty.gov">http://www.yorkcounty.gov</a>	890-3787	301 Goodwin Neck Road	medicaid, fraud,adult protective services
SAFETY	Center for Excellence in Aging	<a href="http://www.ExcellenceinAging.org">www.ExcellenceinAging.org</a>	220-4751	3901 Treyburn Dr Suite 100	Driving Evaluations, Geriatric Assessments, research studies

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TRANSPORTATION	Colonial Cabs	<a href="http://www.colonialcapitalcabs.com/">http://www.colonialcapitalcabs.com/</a>	221-6221	468 North Boundary Street	transportation
TRANSPORTATION	Disabled American Veterans	<a href="http://www.dav.org/">http://www.dav.org/</a>	564-3916		provides medical transportation for veterans
TRANSPORTATION	Faith in Action	<a href="http://www.wfia.org">www.wfia.org</a>	258-5890	354 McLaws Circle Ste 2	non-emergency medical needs, shopping, church, etc (arrange 48 hours in advance)
TRANSPORTATION	FISH		220-9379	312 Waller Mill Rd	food,medical rides
TRANSPORTATION	Local Transportation Listings	<a href="http://www.gowata.org/Pages/AreaTransitProviders.html">www.gowata.org/Pages/AreaTransitProviders.html</a>	<a href="tel:220-5493">220-5493</a>	468 North Boundary Street	local bus and taxi services
TRANSPORTATION	Medicaid Cab		(866)386-8331		medical transport for those with medicaid
TRANSPORTATION	RIDES		259-5414	312 Waller Mill Rd	transport to medical appts.
TRANSPORTATION	Williamsburg Taxi Service		221-0004		transportation
TRANSPORTATION	Eagle Medical	<a href="http://www.EMTVA.com">www.EMTVA.com</a>	273-7198	570 Industrial Park Dr.	wheel chair dependent transports
REFERRALS	Community Resource Center	<a href="http://www.uwgv.org/need-help/community-resource-">www.uwgv.org/need-help/community-resource-</a>	229-2222	113 Palace Lane ste.F	referrals income based
REFERRALS	Easy Access	<a href="http://www.easyaccess.virginia.gov">www.easyaccess.virginia.gov</a>	804-662-9333	1610 Forest Ave. ste. 100	website links to many resources for seniors
REFERRALS	PADRN	<a href="http://www.padrn.org">www.padrn.org</a>	345-6277	312 Waller Mill Rd Ste 105	options planning and referrals
REFERRALS	Senior Services Coalition	<a href="http://www.seniorservicecoalition.com/">http://www.seniorservicecoalition.com/</a>	220-3480	3901 Treyburn Dr. Suite 100	referrals and information
REFERRALS	Senior Navigator	<a href="http://www.seniornavigator.org">www.seniornavigator.org</a>	804-525-7728	online	online referrals
REFERRALS	Riverside	<a href="http://www.riversideonline.com/services/seniors">www.riversideonline.com/services/seniors</a>		online	variety of health and wellness services

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FINANCIAL	Aid in Attendance (veterans)	<a href="http://www.veteranaid.org/">http://www.veteranaid.org/</a>	825-7893	2019 Cunningham Dr.Suite 406	provide up to \$1900 a month for care(income guidelines)
FINANCIAL	JCC Human Services	<a href="mailto:denise.kirschbaum@jamescitycountyva.gov">denise.kirschbaum@jamescitycountyva.gov</a>	259-3100	5249 Olde Town Rd.	SNAP program food stamps
FINANCIAL	Medicare at a glance	<a href="http://www.aarp.org/health/medicare-">http://www.aarp.org/health/medicare-</a>	binder		describes plan information (AARP)
FINANCIAL	Medicare counselor	<a href="http://www.medicare.gov">www.medicare.gov</a>	(866)758-2386		
FINANCIAL	Ready for retirement checklist	<a href="http://www.aarp.org/work/retirement-planning/">http://www.aarp.org/work/retirement-planning/</a>	binder		planning for retirement (AARP)
FINANCIAL	Reverse Mortgage(NCOA)	<a href="http://www.NCOA.org">www.NCOA.org</a>	202-479-1200	1901 L St. NW	reverse mortgage consumer booklet
FINANCIAL	Social Security Administration	<a href="http://www.ssa.gov/">www.ssa.gov/</a>	873-3914	11706 Jefferson Ave.	Benefits
LEGAL	Caring Transitions	<a href="http://www.caringtransitions.net/williamsburgva">www.caringtransitions.net/williamsburgva</a>	634-7979	P.O. Box 6344	transitioning or downsizing help
LEGAL	Williamsburg Estate Services	<a href="http://www.williamsburgestate.com/services">www.williamsburgestate.com/services</a>	784-7764	P.O. Box 6781	transitioning or downsizing help
LEGAL	Community Action Agency (CAA)		229-9332	312 Waller Mill Rd. #405	legal outreach clinic every 4 months
LEGAL	Crime Line wjcc		253-8677		submit crime information
LEGAL	Crime Line york		890-3400		submit crime information (anonymous)
LEGAL	Crime Victim Assistance Info-Line	<a href="http://www.dcjs.virginia.gov">www.dcjs.virginia.gov</a>	888-887-3418		Crime victim's rights and referral to local assistance services
LEGAL	Elder Law W&M	<a href="http://law.wm.edu/academics/programs/jd/electives/clinics/elder/index.php">http://law.wm.edu/academics/programs/jd/electives/clinics/elder/index.php</a>	221-7440	P.O. Box 8795	legal assistance and financial planning
LEGAL	Sentara Patient Advocate	<a href="http://www.sentara.com/HospitalsFacilities/Hospitals/Pages/patientadvocates.aspx">www.sentara.com/HospitalsFacilities/Hospitals/Pages/patientadvocates.aspx</a>	984-6000	100 Sentara Circle	patient rights in the hospital;advance directives
LEGAL	United Way Legal Assistance		253-2264	5400 Discovery Park Rd. #104 New Town	Lawyer will provide initial meeting pro bono Appointment required. Twice weekly times

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MEDICAL	Angels of Mercy	<a href="http://www.angelsfreeclinic.org">www.angelsfreeclinic.org</a>	565-1700	7151 Richmond Rd.	free or reduced cost healthcare
MEDICAL	SHARP	<a href="http://www.paainc.org/">www.paainc.org/</a>	873-0541	312 Waller Mill Rd	assessment of home safety and medical case management \$100 initial
MEDICAL	Chronic Disease self management	<a href="http://www.excellenceinaging.org/cdsmp.html">www.excellenceinaging.org/cdsmp.html</a>	856-7030	3901 Treyburn Bldg.	6 week workshop to deal with chronic conditions ie.arthritis,cardiovascular disease
MEDICAL	Colonial Center for Hearing	<a href="http://www.williamsburghears.com">www.williamsburghears.com</a>	229-4004	337 McLaws Circle Ste. 3	hearing testing and assistive listening devices
MEDICAL	Colonial Services Board	<a href="http://www.colonialcsb.org">http://www.colonialcsb.org</a>	220-3200	1657 Merrimac Trail	helps pay for prescriptions
MEDICAL	Deaf and Hard of Hearing Support Group	<a href="http://www.shhh.org">www.shhh.org</a>	229-3272	108 Charles River Landing Road	provides information, advocacy and support
MEDICAL	Dental Hygiene Clinic TNCC	<a href="mailto:DentalHygiene@tncc.edu">DentalHygiene@tncc.edu</a>	258-6604	4601 Opportunity Way	low cost dental cleaning and screening
MEDICAL	Medication Access Program		259-5236	5249 Olde Towne Rd.	helps pay for prescriptions
MEDICAL	Olde Towne Medical Center	<a href="http://www.oldetownemedicalcenter.org">www.oldetownemedicalcenter.org</a>	259-3258	5249 Olde Town Rd. Ste. D	primary and preventative healthcare services
MEDICAL	Professional Pharmacy of Williamsburg	<a href="http://www.epicrx.com/patient/storeDetails.aspx?ID=5238">http://www.epicrx.com/patient/storeDetails.aspx?ID=5238</a>	229-3560	1302 Mount Vernon Dr.	pharmacy home delivery
MEDICAL	Visiting Physicians Association	<a href="http://www.visitingphysicians.com">www.visitingphysicians.com</a>	645-0831	204 Packets Court	in home health care for those who can't get to Dr.'s office
MEDICAL	Williamsburg Drug Company	<a href="http://www.williamsburgpharmacyandmedequip.com/">http://www.williamsburgpharmacyandmedequip.com/</a>	229-1041	240 McLaws Circle	pharmacy home delivery

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MENTAL HEALTH	Bereavement Support	<a href="http://www.williamsburghospice.org">http://www.williamsburghospice.org</a>	206-1177	4445 Powhatan Parway	bereavement support walking groups
MENTAL HEALTH	Chaplain at Sentara		984-7101	100 Sentara Circle	hospital chaplain services (end of life)
MENTAL HEALTH	Colonial Behavioral Health	<a href="http://www.ColonialBehavioralHealth.org">www.ColonialBehavioralHealth.org</a>	220-3200	1657 Merrimac Trail	mental health treatment
MENTAL HEALTH	Colonial Behavioral Health	<a href="http://www.ColonialBehavioralHealth.org">www.ColonialBehavioralHealth.org</a>	220-3200	1657 Merrimac Trail	counseling and support services
MENTAL HEALTH	Hospice House	<a href="http://www.williamsburghospice.org">www.williamsburghospice.org</a>	253-1220	4445 Powhatan Parkway	end of life care
MENTAL HEALTH	Peninsula Pastoral Counseling Center	<a href="http://www.peninsulapastoral.org">www.peninsulapastoral.org</a>	873-2273	1321 Jamestown Rd.	professional counseling in a faith context
MENTAL HEALTH	Project Life Saver	<a href="https://www.jamestownva.gov/police/project-lifesaver.html">https://www.jamestownva.gov/police/project-lifesaver.html</a>	603-6022	4600 Opportunity Way	GPS units for wandering Alzheimers patients
MENTAL HEALTH	SBIRT	<a href="http://www.excellenceinaging.org">http://www.excellenceinaging.org</a>	220-4751	3901 Treyburn Dr Suite 100	screening and brief intervention for substance abuse in seniors
MENTAL HEALTH	Sentara Senior Behavioral Health	<a href="http://www.sentara.com/Services/Seniors/Pages/SeniorOutpatientBehavioralHealth.aspx">www.sentara.com/Services/Seniors/Pages/SeniorOutpatientBehavioralHealth.aspx</a>	345-4675	400 Sentara Circle Geddy Bldg. #410	senior counseling
MENTAL HEALTH	The Farley Center	<a href="http://www.farleycenter.com">www.farleycenter.com</a>	800-582-6066	5483 Mooretown Rd.	non pharmaceutical chronic pain management and in patient detox
MENTAL HEALTH	The Pavilion	<a href="http://www.pavilionwp.com/our-programs">www.pavilionwp.com/our-programs</a>	800-582-6067	5483 Mooretown Rd.	the older adult program -55+ in-patient treatment for depression, delusions
MENTAL HEALTH	Stephen Ministry	<a href="http://www.stmartinswmbg.org">http://www.stmartinswmbg.org</a>	229-1111	1333 Jamestown Rd.	individual weekly crisis support/parishioners
MENTAL HEALTH	Pastoral Care		229-1112	1334 Jamestown Rd.	Communion and spiritual support for shut ins

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END OF LIFE	Hospice Respite Support	<a href="http://www.williamsburghospice.org">http://www.williamsburghospice.org</a>	253-1220	4445 Powhatan PKWY	end of life palliative care
END OF LIFE	Grief Support	<a href="http://www.williamsburghospice.org">http://www.williamsburghospice.org</a>	253-1220	4446 Powhatan PKWY	Bereavement Support groups
END OF LIFE	Chaplain at Sentara		984-7101	100 Sentara Circle	in hospital spiritual support
END OF LIFE	Nelson Funeral Home and Crematory	<a href="http://www.dignitymemorial.com/nelsen-funeral-home-williamsburg">http://www.dignitymemorial.com/nelsen-funeral-home-williamsburg</a>	565-1141	3785 Strawberry Plains Rd.	funeral planning,obituaries and support services
END OF LIFE	Bucktrout Funeral Home	<a href="http://www.bucktroutfuneralhome.net">www.bucktroutfuneralhome.net</a>	229-3822	4124 Ironbound Rd.	funeral planning,obituaries and support services
END OF LIFE	Whiting's Funeral Home	<a href="http://www.whittingsfuneralhome.com">www.whittingsfuneralhome.com</a>	229-3011	7005 Pocahantas Trail	funeral planning,obituaries and support services
END OF LIFE	Clerk of the Court	5201 Monticello Ave. Ste. 6	564-2358	501 Monticello Ave. Ste. 6	probate and wills
END OF LIFE	Cedar Grove Cemetary	dbrown2williamsburgva.gov	220-1839	809 South Henry Street	cemetery
END OF LIFE	WMBG Memorial Park Cemetery	<a href="http://www.williamsburgmemorial.com">www.williamsburgmemorial.com</a>	565-2006	130 King William Drive	cemetery
RESPITE CARE	United Methodist Day Center	<a href="mailto:cyowell@williamsburgumc.org">cyowell@williamsburgumc.org</a>	229-1771	500 Jamestown Rd.	Alzheimers day center
ALTZHEIMERS	Alzheimer's Association	<a href="http://www.alz.org/seva">www.alz.org/seva</a>	221-7272	213 Mclaws Circle Suite 2B	support and information



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SUPPORT GROUPS	Care Giver Support Group (Alzheimer's)	<a href="mailto:ssteck@5sqc.com">ssteck@5sqc.com</a>	258-3444	Dominion Village	caregiver support group
SUPPORT GROUPS	caregiver support (alzheimer's)	<a href="mailto:bgmonteith@verizon.net">bgmonteith@verizon.net</a>	253-7595	YMCA	caregiver support group
SUPPORT GROUPS	caregiver support (alzheimer's)	<a href="mailto:parishrn1@cox.net">parishrn1@cox.net</a>	229-1771	Williamsburg United Methodist	caregiver support group
SUPPORT GROUPS	caregiver support (alzheimer's)	<a href="mailto:rboyden1@cox.net">rboyden1@cox.net</a>	345-6974	Colonial Heritage	caregiver support group
SUPPORT GROUPS	caregiver support (general)	<a href="mailto:ebony.l.moore@consulatehc.com">ebony.l.moore@consulatehc.com</a>	229-9991	Consulate Health Care	caregiver support group
SUPPORT GROUPS	caregiver support (general)	<a href="mailto:mhealy120@aol.com">mhealy120@aol.com</a>	220-0638	Williamsburg Presbyterian Church	support group
SUPPORT GROUPS	caregiver therapy	<a href="mailto:lmargeson@colonialbh.org">lmargeson@colonialbh.org</a>	220-3200	Colonial Behavioral Health	individual and group
SUPPORT GROUPS	Parkinson's (patients and caregiver support)	<a href="mailto:joanbyrne@verizon.net">joanbyrne@verizon.net</a>	898-6674	Williamsburg Landing	support groups
SUPPORT GROUPS	Stroke support groups	<a href="mailto:becicero@sentara.com">becicero@sentara.com</a>	984-9917	Sentara Regional medical Center	support for stroke survivors and family
Online Care Giver Support	caregiver information	<a href="http://www.caregiverstress.com">www.caregiverstress.com</a>		<a href="http://www.CareGiversLibrary.org">www.CareGiversLibrary.org</a>	support and information for caregivers
VOLUNTEER	Foster Grandparent program		727-1857	Hampton	volunteer in schools or daycare centers in Williamsburg
VOLUNTEER	Volunteer Opportunities	<a href="http://www.VolunteerWilliamsburg.org">www.VolunteerWilliamsburg.org</a>		P.O. Box 3495	local volunteer opportunities
ACTIVITIES	Historic Triangle Senior Center	<a href="http://www.theseniorcenter.org">http://www.theseniorcenter.org</a>	259-4187	5301 Longhill Rd.	activities, health fairs, classes
HOUSING 55+	Colonial Heritage	<a href="http://www.colonialheritageclub.org">http://www.colonialheritageclub.org</a>		6500 Arthur Hills Dr.	independent living, 55+
HOUSING 55+	Heritage Commons	<a href="http://www.heritagecommunities.com">http://www.heritagecommunities.com</a>	866-767-5329	236 Commons Way	independent living, 55+
HOUSING 55+	Verena at the Reserve	<a href="http://www.VerenaAtTheReserve.com">www.VerenaAtTheReserve.com</a>	888-701-8131	121 Reserve Way	independent living, 55+
HOUSING 55+	Villas at Five Forks	<a href="http://www.villacommunities.com/Williamsburg">www.villacommunities.com/Williamsburg</a>	realtor	4307 Creekview East	independent living, 55+
SPIRITUAL SUPPORT	St. Martin's Episcopal Church	<a href="http://www.stmartinswm.org/">http://www.stmartinswm.org/</a>	229-1111	1333 Jamestown Rd.	Holy Communion and pastoral visitation, funeral planning